



Age-Friendly DC

Transforming DC into an Easier City
in which to Grow Older,
Using World Health Organization
and AARP Guidance



Age-Friendly DC Task Force Meeting

March 14, 2018

- Meeting began at 10:20
- Meeting ended at 12 noon
- 24 members of the public present
- Quorum (5) of Task Force members present
- 22 Task Force members and/or stand-ins present

Co-Chair (DC Govt) - Jay Melder, meeting facilitator, (his last meeting), Rayna Smith, future Co-Chair (DC Govt)

Co-Chair (Community) - Kim Alfonso

Outdoor Spaces & Buildings (DC Govt) - Stephan Taylor

Transportation (Community) – Rachel Maisler

Housing (DC Govt) – Polly Donaldson and stand-in Richard Livingstone

Housing (Community) - Dr. Katrina Polk

Social Participation (DC govt) - Jeanne Locher

Respect & Social Inclusion (DC govt) - Mathew McCollough

Respect & Social Inclusion (Community) – Ron Swanda

Civic Participation & Employment (DC govt) – Mary Terrell

Civic Participation & Employment (Community) – Dr. Imani Woody

Communication & Information (Community) – Susan Donley

Community Support & Health Services (DC govt) – Sharon Mebane

Community Support & Health Services (Community) – Dr. Sandra Lawson

Emergency Preparedness & Resilience (DC Govt) – Nickea Bradley

Abuse, Neglect & Fraud (DC govt) – Dr. Sheila Jones

Financial Security (Community) – Susan Saunders McKenzie

Lifelong Learning (Community) - Romaine Thomas

Public Safety (Govt) – Michelle Vanneman

Caregiving (Govt) – Christian Barrera

Caregiving (Community) – Gail Gibson Hunt

Age-Friendly DC Coordinator (DC Govt) – Gail Kohn





Age-Friendly 2023 DC Strategic Plan

Domains are organized
into 3 Pillars



Built Environment – *Outdoor Spaces & Buildings, Transportation, Housing*



Changing Attitudes about Growing Older – *Social Participation, Respect & Social Inclusion, Civic Participation & Employment, Communication & Information*



Lifelong Health & Security – *Community Support & Health Services, Emergency Preparedness & Resilience, Abuse, Neglect & Fraud, Financial Security*, Public Safety*, Lifelong Learning*, Caregiving**

**New domains 2018-2023*



Age-Friendly DC Task Force Meeting

March 14, 2019

The Powerpoint slides from the Age-Friendly DC Task Force meeting follow. Those of us who were there appreciated presentations:

- about Age-Friendly DC 2023 plan strategies in two of the three Age-Friendly DC Pillars,
- and hearing good discussions formulated around excellent questions from Task Force members.

Thank you again to:

- Co-chair Jay Melder for his leadership; welcome Rayna Smith, new DMHHS co-chair
- Louis Davis, AARP-DC Senior Director, who welcomed the Age-Friendly DC Task Force to the AARP building.
- DC Department of Transportation's Jonathan Rogers, Vision Zero, presented slides that follow that illustrate safety improvements with different structural changes, including the creation of additional green spaces and recreational opportunities in the nation's capitol. He also announced that this month Linda Bailey will take over leadership of DC's Vision Zero initiative offering her expertise and interventions honed in NYC.
- DC Fire & Emergency Services' Assistant Chief of Operations Chief John Donnelly and Communications Officer, Douglas Buchanan, who provided a briefing on Right Care Right Now, using information described in the slides that follow. FEMS approach is improving immediate medical attention to DC residents who dial 911.
- Task Force members and stand-ins for participating actively.
- DC residents, who attended the meeting.

All are invited to come to the next Age-Friendly DC Task Force meeting Thursday, September 12, 2019 10-12 at the District building located at 441 4th St NW. Please attend preparatory Task Force Committee meetings. You will find the July 2019 Age-Friendly DC Task Force Committee meeting dates, time and location listed on slides 46-48.



Age-Friendly DC Working Appendix Update – Gail Kohn, Age-Friendly DC Coordinator

- **Reliance on DC agency and community organizations to implement actions** — DMHHS role is to coordinate.
- **Reluctance to state numeric aims** — DC govt budgets annually not 5 years, so commitments beyond a year are challenging. Community groups similarly feel the challenge of 5-year commitments.
- **Direction of metrics is how we can measure progress** — In the absence of numeric aims, we will record positive/negative/neutral directions in the Age-Friendly DC progress dashboard.
- **Actions and adaptations** — Every domain will strive for progress; expect to see new and adapted actions, as the plan is implemented through 2023.
- **Engaging DC residents:** It is important to every Task Force Committee to achieve more visibility for its strategies.
- **Open Task Force roles:** Task Force members were asked to identify community leaders for the Mayor to appoint to the Task Force. Outdoor Spaces & Buildings, Public Safety and subject matter experts in philanthropy, academics, business are open.



Task Force members were asked to comment on the Age-Friendly action each was most excited about implementing by 2023

Here are the actions in the Age-Friendly DC Strategic Plan noted:

- Much more affordable housing
- Employment opportunities in long term care and other sectors for persons 60 and over
- Entrepreneurship opportunities for persons 60 and over
- Printed guide for nutrition and food resources
- Adult behavioral health screening and referral to counseling and services
- Supplemental income for residents 50 and over, including shared housing opportunities, part time work and AARP's Property Tax Aid program
- More affinity group social opportunities and intentional inclusion of all
- Getting where we need to be with DC's many new transportation choices, while implementing Vision Zero
- "State of Volunteers in DC" report



Task Force members are most excited about implementing (cont.)

- Addressing social isolation
- Empowerment of persons living with disabilities through training
- Caregivers engagement and support
- Connecting many more to Alert DC
- Internet access for all; tech training for all ages, particularly residents 50 and over
- Understanding why abuse, neglect and fraud are underreported
- Prosecuting abuse and fraud perpetrators
- Promoting lifelong learning for 2nd and 3rd careers and fun; education for adults with reading and calculating challenges
- Fewer robberies and understanding whether older adults are victims less often than millennials because older adults are less likely to leave home



Generally Task Force members are also most excited about implementing:

- More research to examine how older DC residents are affected, regarding topics associated with each Age-Friendly DC domain
- Working across domains to align efforts
- Offering training and education
- Age-Friendly DC promotion



Age-Friendly DC 2023 Strategic Plan

Presentation Discussions

at the March 14, 2019 meeting

→ Built Environment

...By 2024, the Vision Zero initiative will lead DC to zero fatalities and serious injuries to travelers of our transportation system, through more effective use of data, education, enforcement, and engineering.

→ Lifelong Health and Security

...Right Care, Right Now will improve patients' health outcomes and preserve DC Fire and EMS Department's (FEMS) resources for those patients with life threatening injuries and illnesses.



Vision Zero Initiative

March 14, 2019

District Department of Transportation (DDOT)



20 years strong
AMERICA
WALKS



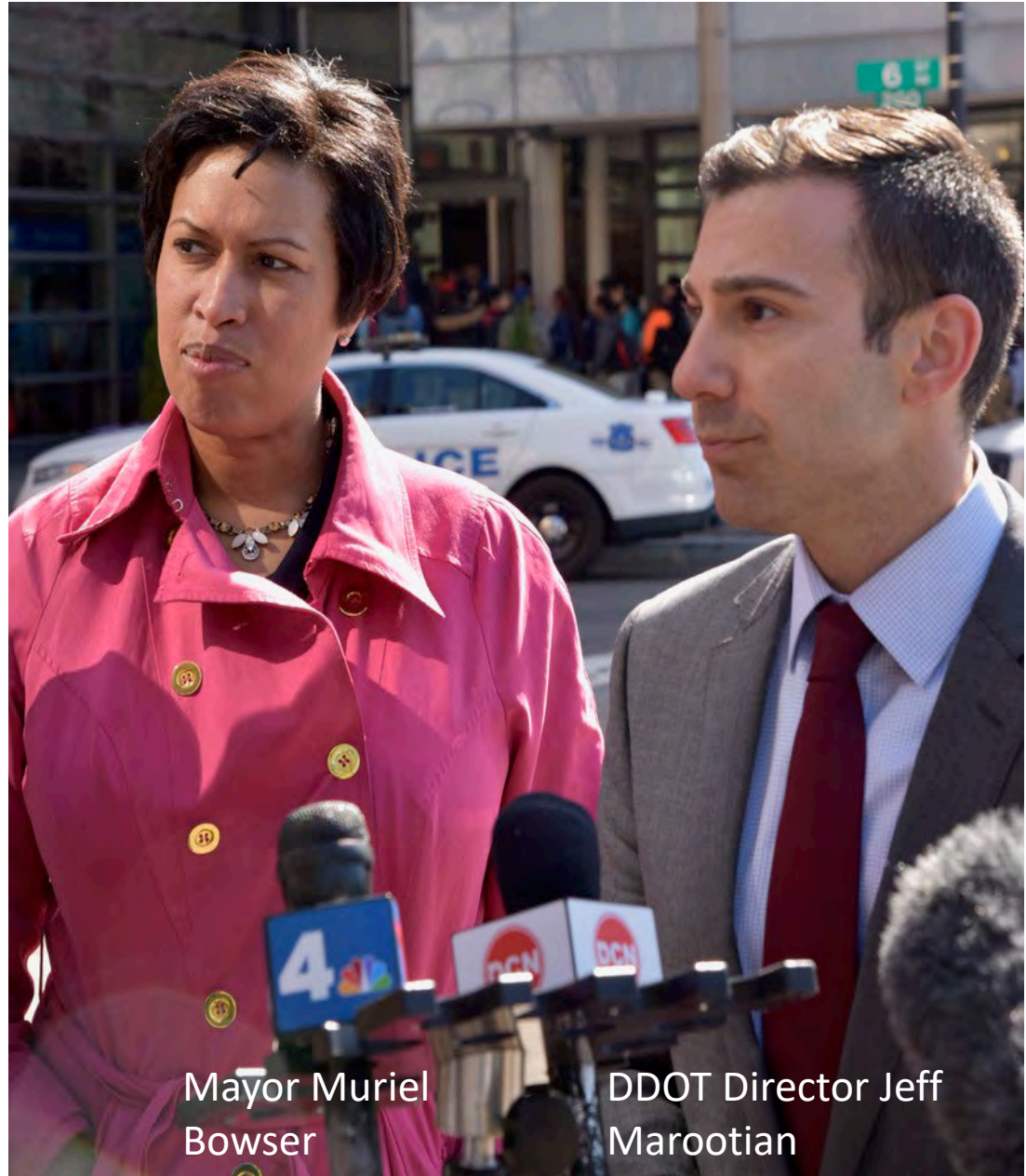
WE ARE
WASHINGTON
DC
GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Creating Safer Streets
for All

February 13, 2019

Mayor Muriel Bowser

“By the year 2024, we will do everything in our power to eliminate transportation fatalities and serious injuries, because no loss of life is acceptable.”



Mayor Muriel
Bowser

DDOT Director Jeff
Marootian

Reflective vest **BESKYDDA**

S/yellow

- Wearing this vest makes your child more visible in traffic and during outdoor play, especially in dark or foggy conditions.
- Folds small enough to fit in your child's coat pocket or school bag.

\$4⁹⁹



A Holistic Approach

Engineering



Data



Enforcement

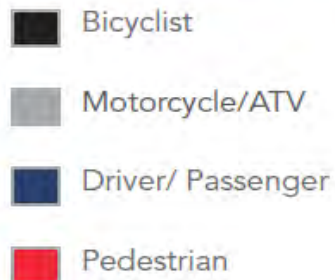
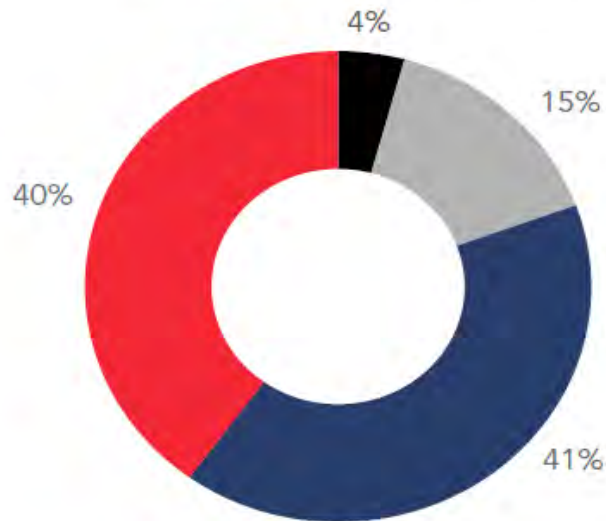


Education

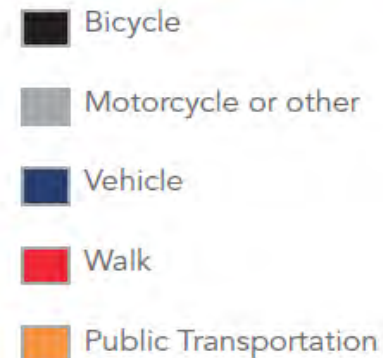
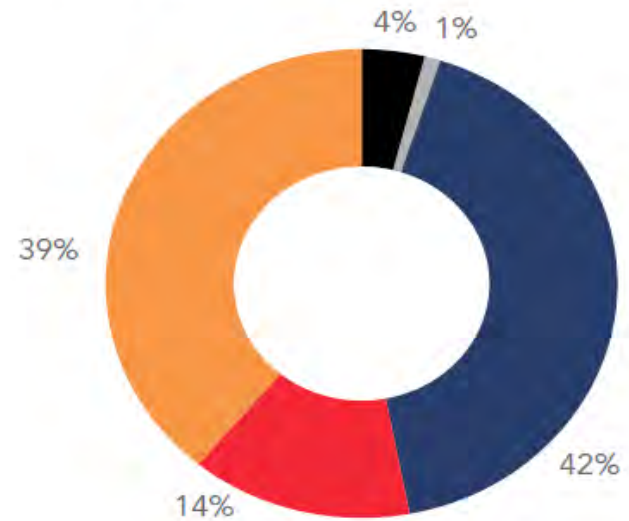
MODE SHARE VS. FATALITIES

Traffic fatalities reflect how people get around the city. While commute mode share only tells some of the story, motor vehicles and motorcycle fatalities are slightly higher than the share of District residents regularly using these modes. This data helps to understand opportunities to target education.

Fatalities by Mode 2011- 2016



DC Commute Mode Share 2015



15 >50%
arterials bike/ped
fatalities

15 arterial corridors with multiple total fatalities accounted for more than half of all pedestrian and bicycle deaths between 2010 and 2014.

Right Turn on Red Prohibitions



NEWS

Drivers, say goodbye. DC to adopt “No Right on Red”

The District’s Department of Transportation says it will install “No Right Turn on Red” light signs at approximately 100 intersections in 2019.

Author: Stephanie Ramirez

Published: 3:37 PM EST December 26, 2018

Updated: 5:31 PM EST December 26, 2018

Right before the Christmas holiday, DDOT announced it plans to do away with “Right on Red.”

The plan is expected to begin February 2019. The District’s Department of Transportation says it will install No Right Turn on Red light signs at approximately 100 intersections. All signs are expected to be installed by July 2019.

Neighborhood Slow Zones





Left Turn Hardening

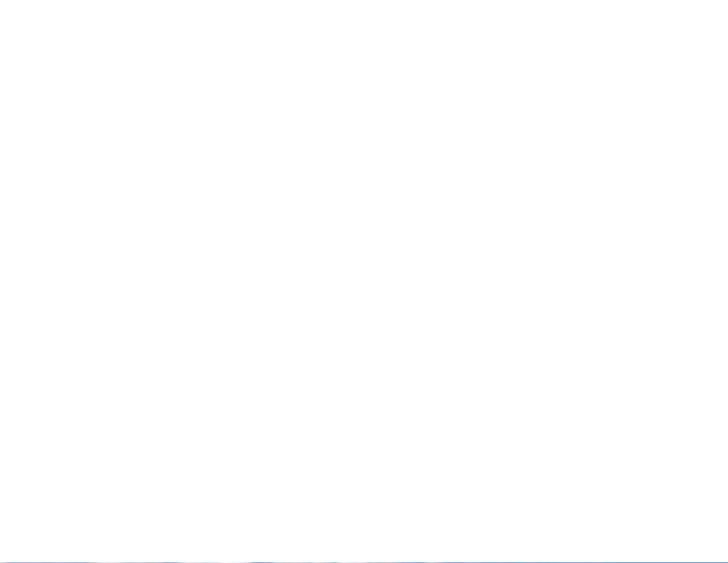




Tactical Urbanism



Tactical Urbanism



**Tactical
Urbanism**



Leading Pedestrian Intervals (LPIs)

- More than 200

- 13% of all
signalized
intersections

Pedestrian Scramble

14th St. NW & Irving St. NW



Barnes Dance



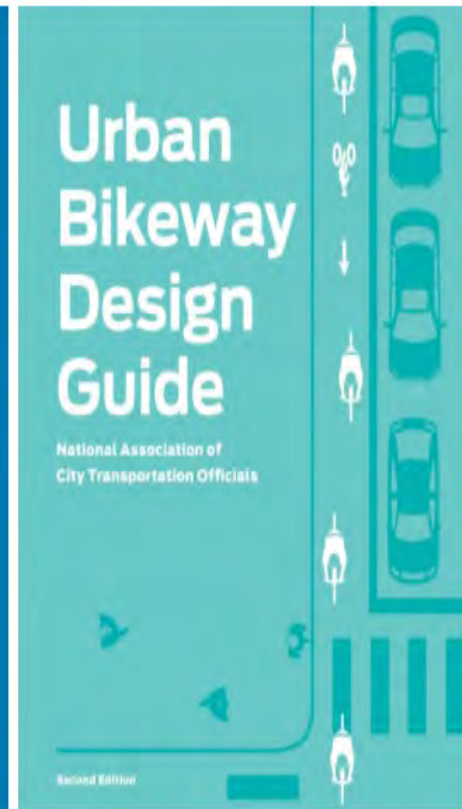
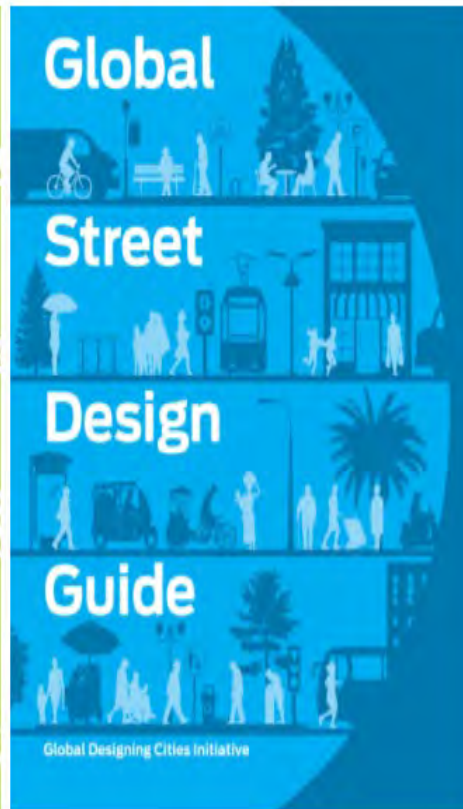
Rectangular Rapid Flashing Beacon



HAWK Signal



National Association of City Transportation Officials



Two-Way Cycletrack



before



after

Complete Streets Intersection



A Holistic Approach

Engineering



Data



Enforcement



Education



Amsterdam, 2017

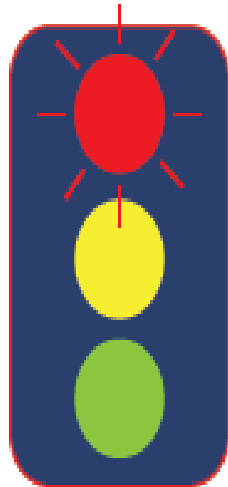


Copenhagen, 2017

Automated Traffic Enforcement



77 Speed
Cameras



47 Red
Light



2 Oversize



8 Stop
Sign

DC Public Schools Biking in the Park Program

Universal Bicycle Education
For all DCPS 2nd Graders

- DDOT funded bicycles

Culminates in a group ride
Aligned with Vision Zero Grant

- Pop-Up Bike Repair Shops

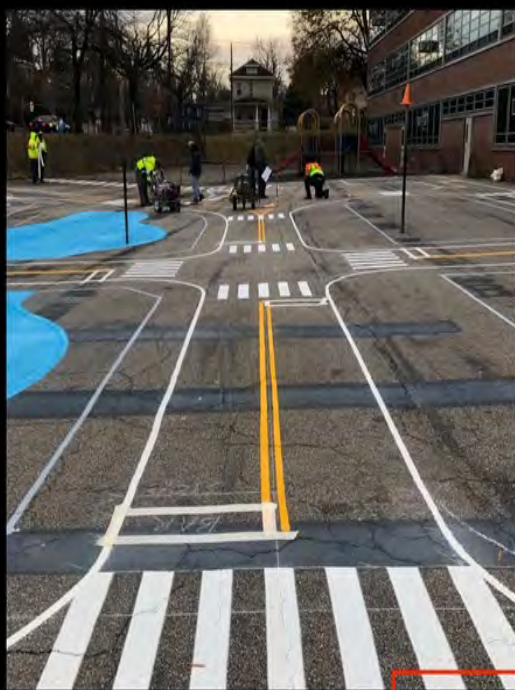
First year: 4,000 Students at 78
elementary schools





Thomas Elementary School
Traffic Garden





Aiton Elementary School
Traffic Garden







Engagement

Jonathan M. Rogers

District Department of Transportation

202-741-5960

jonathan.rogers@dc.gov



www.dcvisionzero.com

Right Care, Right Now

March 14, 2019

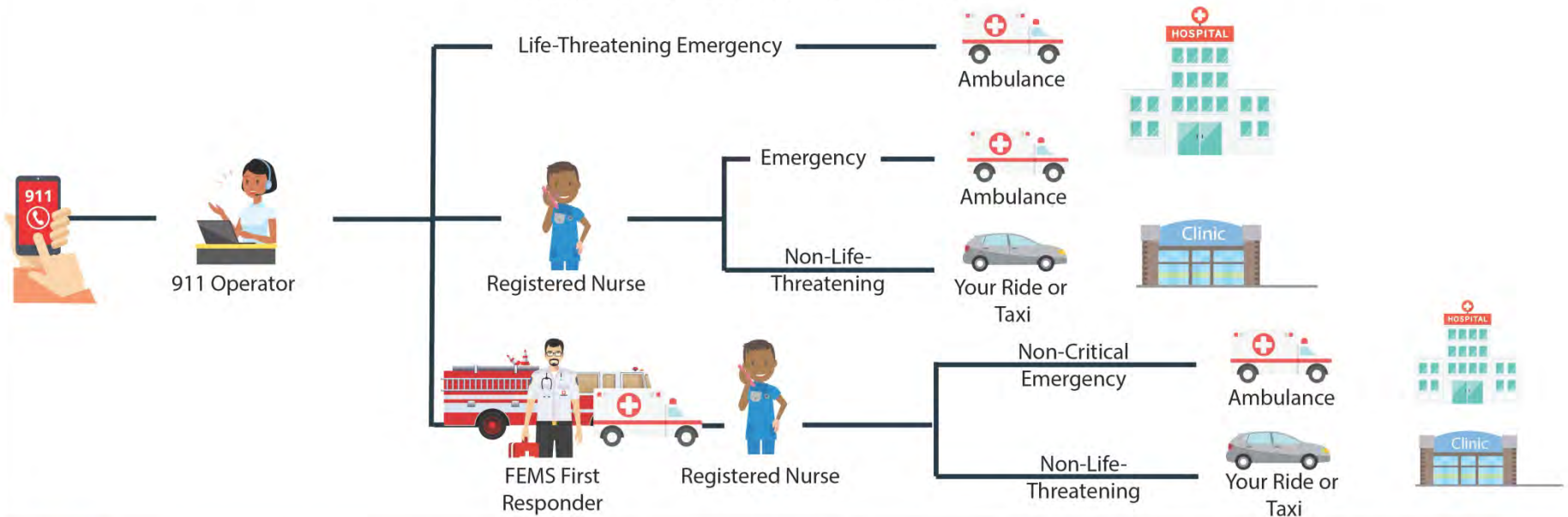
Homeland Security and Emergency Services and
DC Fire and EMS (FEMS)



What Happens When You Call 911 For a Medical Need

We provide every 911 caller with the most appropriate and responsible path to improved health outcomes. Based on a caller's description of their symptoms, a caller may be transferred to a nurse in order to determine the most appropriate path for treatment.

Text DC RIGHTCARE to 468311 for more information.



D.C. Fire and Emergency
Medical Services Department

fems.dc.gov
(202) 673-3320



RIGHTCARE
RIGHTNOW



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Right Care, Right Now

Quick Facts

The goals of the Right Care, Right Now program are to improve patients' health outcomes and to preserve the DC Fire and EMS Department's (FEMS) resources for those patients with life threatening injuries and illnesses. This should also free up beds in crowded hospital emergency departments, which will benefit all critically ill emergency patients. The District has one of the highest per capita EMS call volume in the nation. Our high non-emergency call volume strains the Department's resources for emergencies.

How it Works

Under the Right Care, Right Now program, callers to 911 with non-emergency injuries or illnesses are transferred to a nurse, either by the 911 center or by a FEMS first responder. The nurse asks the caller questions and assesses his or her symptoms so that the nurse can refer the caller to the most appropriate non-emergency medical care available, most likely a community clinic or urgent care clinic in the caller's neighborhood. Medicaid and DC Healthcare Alliance enrollees are provided with free transportation to and from the clinic.

ALMOST
70%

of 911 medical calls
responded to involve
patients with conditions
that are not life-
threatening emergencies.



D.C. Fire and Emergency
Medical Services Department

fems.dc.gov
(202) 673-3320



RIGHTCARE
RIGHTNOW



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Right Care, Right Now

Douglas Buchanan,
Fire and Emergency Services
Communications Officer

Douglas.Buchanan@dc.gov



Next Age-Friendly DC Task Force Committee meetings

Next Age-Friendly DC Task Force Committee meetings
will be in July 2019

- The agenda for these meetings: Prepare to review and promote progress implementing strategies at the September 12th Task Force meeting.
- All of the domain Task Force Committee July meetings will be held at the Vida Senior Center, 1330 Missouri Ave, NW 2:30-4:30.



Next Age-Friendly DC Task Force Committee meetings

Next Age-Friendly DC Task Force Committee meetings will be in July 2019
1330 Missouri Ave. NW 2:30-4:30

Pillar 1: Built Environment

- Domain 1 Outdoor Spaces & Buildings on the 23th
- Domain 2 Transportation on the 25th
- Domain 3 Housing on the 9th

Pillar 2: Changing Attitudes about Growing Older

- Domain 4 Social Participation on the 10th
- Domain 5 Respect & Social Inclusion on the 18th
- Domain 6 Civic Participation & Employment on the 17th
- Domain 7 Communication & Information on August 1

Continued on the next slide.



Next Age-Friendly DC Task Force Committee meetings

Next Age-Friendly DC Task Force Committee meetings will be in July 2019 (cont.)
All meetings will be held at 1330 Missouri Ave NW 2:30-4:30.

Pillar 3: Lifelong Health & Security

- Domain 8 Community Support & Health Services on the 9th
- Domain 9 Emergency Preparedness & Resilience on the 16th
- Domain 10 Abuse, Neglect and Fraud on the 11th
- Domain 11 Financial Security on the 3rd
- Domain 12 Lifelong Learning on the 24th
- Domain 13 Public Safety on the 31st
- Domain 14 Caregiving on the 30th



Comments/Questions

www.agefriendly.dc.gov

Gail Kohn

Age-Friendly DC Coordinator

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