



Age-Friendly ★★★DC

Using World Health Organization & AARP Guidance to
Transform DC into an Easier City
in which to Grow Older



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Timeline Age-Friendly DC 2018-2023



Completed:

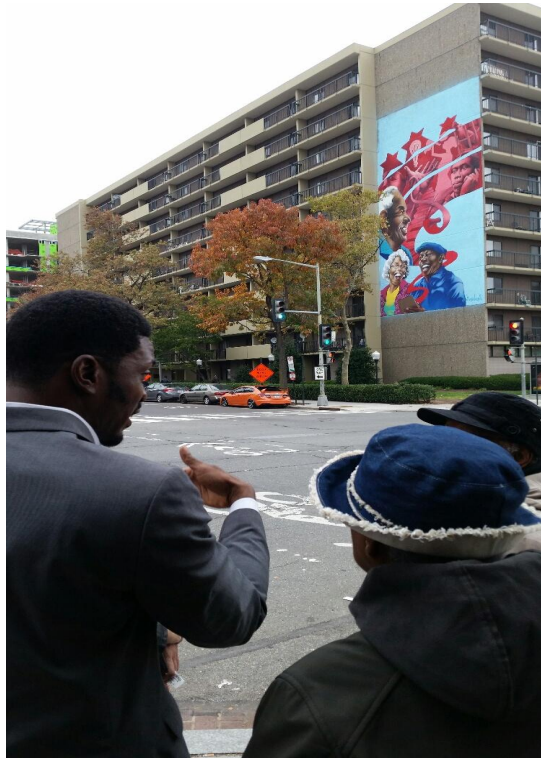
- ✓ Mayor Muriel Bowser issued the Age-Friendly DC Second Establishment Order 3-22-18, unanimously supported by DC Council
- ✓ [Recommended a 2023 Strategic Plan to Mayor by August 2018 - \(Released by the Mayor 10-29-18\)](#)
- ✓ [Two-Year Progress Report was released by the Mayor January 2021](#)

Ahead:

- ❑ Continue monitoring and reporting on plan implementation 2022
- ❑ 2023 Evaluation of Progress
- ❑ Report plan results to WHO and AARP by November 2023



Age-Friendly DC Plan 2018-2023



Built Environment – *Outdoor Spaces & Buildings, Transportation, Housing*



Changing Attitudes about Growing Older – *Social Participation, Respect & Social Inclusion, Civic Participation & Employment, Communication & Information*



Lifelong Health & Security – *Community Support & Health Services, Emergency Preparedness & Resilience, Abuse, Neglect & Fraud, Financial Security*, Public Safety*, Lifelong Learning*, Caregiving**

**New domains 2018-2023*





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**New domains 2018-2023*

Outdoor Spaces and Buildings — *A city where everyone has access to recreational facilities, activities, and services, moves easily indoors and out, and routinely experiences nature.*

Co-chairs: Ana VanBalen and Tama Duffy Day

FY22 Highlights and Progress:

- There is a list of capital projects underway and completed that are now accessible, available for your review. email gail.kohn@dc.gov if you want to know about a building you want to visit.
- DC is the #1 Park system in the US, according to the Trust for Public Land ParkScore, with 98% of the residents living within a 10-minute walk of a park
- DPR is planning to install its first pilot for a Portland -loo bathrooms at Walter Pierce in the next calendar year.
- From January 2019 until today, 182 ParkRx registered providers have issued 1,666 ParkRx prescriptions, resulting in 7,263 visits to parks and other nature-rich areas
- With community engagement with each installation, DC now has 141 murals in 72 neighborhoods providing wayfinding markers and references to neighborhood history.
- DPR serves senior residents with exercise classes, horticultural therapy for seniors, opportunities to volunteer for food distribution, destination summer trips, and DC senior games



Transportation

– A city with a variety of transportation modes, including walking, biking and scooters; that are safe and affordable for travelers of all ages and abilities, easy to find and use, and connect residents/visitors to jobs, goods and services.

Co-Chairs: Zachary Smith and Rachel Maisler

FY22 Highlights:

- **WMATA launched the Waymap mobile app** to help blind and low-vision people navigate Metrorail stations
- **Lime launched “Lime Assist”**, an adaptive bikeshare program to increase bicycle ridership among people of all abilities and ages
- **DDOT published the Bus Priority Plan**, which outlines DDOT’s plan to improve bus speeds across the District on 51 corridors



FY22 Age-Friendly Transportation Goal Highlights:

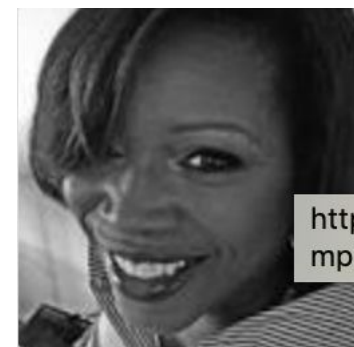
- **Repaired 29 miles of sidewalks** while improving accessibility at **39 bus stops**
- **Replaced/Installed 40,196 signs** that are easy to read and well-lit at night
- **Installed 8 miles** of protected bicycle lanes and shared-use paths
- **Installed 178 high-visibility crosswalks** to facilitate the safe movement of pedestrians and cyclists
- **Placed 216 Leading Pedestrian Intervals** in intersections to better accommodate older adults and persons with disabilities



Housing — *A city that provides access to a continuum of safe and affordable housing options that allow residents to age in place.*

Co-chairs: Drew Hubbard and Dr. Katrina Polk

- In FY22 DHCD added 22 projects to its pipeline of affordable housing projects including the first ever Housing Production Trust Funded) funded project in Ward 3 (Lisner Home) and several other senior projects including Fort Totten Senior (93 units), Wagner Senior (67 units), McMillan Senior (85 units), and Parcel B on Buzzard's Point (110 units). [Pipeline can be found here](#)
- Launched a citywide mortgage relief program with \$50 million from the American Rescue Plan. Piloted in October, the program initially helped 110 condo owners in Wards 7 and 8. Since city-wide launch in June, over 1,700 applications have been submitted with almost \$1.7 million in assistance out the door to almost 350 individuals. Visit haf.dc.gov to apply.
- Continuing efforts to promote Housing Equity including with the release of new tools like the Residential Accessory Apartment Program (RAAP) and Cash 2 Covenants (C2C) initiative. [Track progress towards #36000by2025](#)
- Mayor Bowser empanelled and accepted recommendations from the Black Homeownership Strike Force, including a goal to create 20,000 new black homeowners by 2030. The work of the Strike Force and the report can be found at blackhome.dc.gov.





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**New domains 2018-2023*

Social Participation - *A city where leisure, cultural, intergenerational and creative activities widely available and accessible for residents age 50 and over*

Co-chairs: Winona Lake and Jackie Reyes-Yanes,

- Covid changed participation from face-to-face to virtual with more participation in all forms of activities engaging more participants than ever--virtual participation must continue for those unable or who prefer to remain home
- AARP, DC's 17 Villages and several agencies, including the Department of Aging & Community Living, continued to be in regular contact with DC residents, particularly those living alone
- Smithsonian Institutions continued virtually the [See Me program](#) with all Smithsonian museums offering experiences to residents with dementia and their caregivers





Respect and Social Inclusion — *A city that actively empowers older adults by improving public and private services, as well as public perceptions of aging.*

Co-chairs: Mathew McCollough and Ron Swanda
Progress:

- Continued focus on recognition and inclusion for the LGBTQ community. Newly formed Villages at Mary's House was launched to connect LGBTQ residents across DC.
- Implementation of 2021-2024 Olmstead Plan. 2022 Summit on Housing for residents living with disabilities
- Intergenerational Walks - See successful recruitment video on the next slide.



WANTED: Volunteer Saturday, April 8-May 14 10:00-12noon

Intergenerational Walk for Health

Age-Friendly DC and Vida Senior Center are piloting Intergenerational Walks for Health



Civic Participation & Employment — *A city where full and part-time work opportunities are available for the most experienced workers.*

Co-Chair: Judge (ret.) Mary Terrell. Co-chair from the community: Mayor is seeking a candidate to appoint a community co-chair

- Department of Employment Services launched a mentorship/apprentice program that is anticipated to enable long term care employers to retain workers.
- More 50+ year older workers in the Federal and DC government are remaining in the DC workforce.
- The Age-Friendly Business initiative experienced a reboot with the assistance of George Washington U interns. Names and locations of Age-Friendly Businesses as well as the Age-Friendly Business pledge can be viewed at www.agefriendly.dc.gov
- The Mayor's Office of Talent and Appointments continues to welcome interested applicants for roles on Commissions and Task Forces, including the co-chair of this domain. [Here is the application.](#) Over half of the Mayor's appointments to DC's Commissions and Task Forces are residents who are 50 or over.+ in FY22
- Employment rose for all DC residents 45+, including residents 65



Communication and Information – *A city that uses all forms of communication to keep older residents connected to their community, friends and family.*

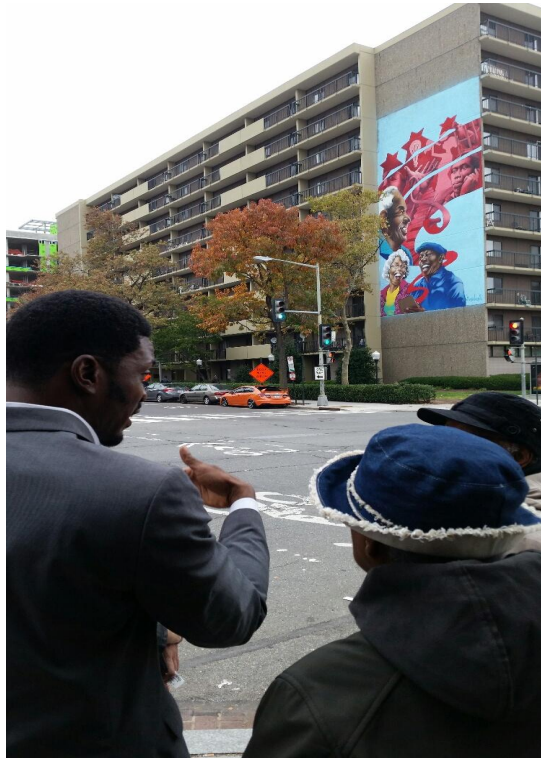
Co-chairs: Lindsey Parker and Susan Donley

Progress:

- [Tech Together](#) launched to connect, offer devices and train DC residents of all ages.
- Isolation prevention by DC agency and community organizations
- Mindfulness regarding inclusion with virtual options to participate in meetings and events.



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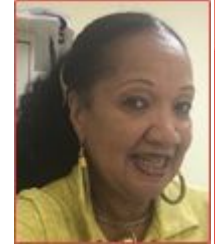
**New domains 2018-2023*



Community Support and Health Services

A city that promotes wellness and active aging through achieving excellent health outcomes at all ages

Co-chairs: Dr. Jacqueline Watson and Dr. Sandra Owens Lawson



FY2022 Domain 8 Highlights

Goal 8.1 Increase consumer awareness of preventive, primary, urgent, and long-term care options.

- DACL fielded 38,972 calls to their Information and Referral/Assistance line and attended 168 outreach events.
- DC Health's Brain Health Initiative (BHI) launched its website [brainhealth.dc.gov], an online resource for cognitive health, prevention, education, and services..
- DHCF's Program for All-inclusive Care for the Elderly (PACE) continues to make progress towards launch in January 2023.

Goal 8.2 Promote health, wellness and an active lifestyle in the community.

- DC Health will soon share city-wide falls data and data visualizations on DC Health website.
- DC Health is finalizing a senior-focused polypharmacy pamphlet to address poly pharmacy or drug-to-drug interactions that result in hospitalization and emergency room visits.

Goal 8.3 Increase awareness of and access to healthful foods and promote healthy living through improved nutrition.

- DC Health's Produce Plus Program provided more than 6,000 residents [majority seniors] with weekly benefits for fresh fruits and vegetables at District Farmers' Markets via a digital card.
- Food and Friends provided weekly medically tailored home-delivered meals and shelf-stable groceries to 2,079 District residents with serious medical conditions, many of whom are seniors.

Goal 8.4 Increase health workers' and residents' knowledge of behavioral health and substance abuse

- DC Health's Board of Nursing is developing a list of credentialing bodies to provide trainings pursuant to D.C. Law 23-201. Dementia Training for Direct Care Workers Support Amendment Act of 2020.
- DBH's self-paced training for health workers is under development.
- DBH identified a behavioral health screening tool (DL8 20) and it is currently being vetted.



Emergency Preparedness and Resilience – *A city that ensures the readiness, immediate safety and resilience of all residents and communities before, during and after an emergency.*

Co-chairs: Joe Lenz and Chris Rodriguez
Progress:

- Red Cross responded to 172 disaster incidents and opened 305 cases helping 792 people.
- Despite COVID Red Cross continued blood drives that resulted in thousands of units collected in DC.
- 13 Villages across DC have continued to work to keep the neighbors across DC informed about protection from COVID. <http://dcvillages.org/volunteering>. Membership in all Villages grew in FY22 to 2,399 members.
- 141 adults and 46 youth completed ServeDC's CERT training
- The HSEMA Interagency High-Rise Building Evacuation Task Force released its Recommendation report on how the District can improve its approach to evacuating individuals with disabilities and older adults from high-rise buildings. This group is currently writing an implementation plan for that report.
- HSEMA in partnership with various District agencies was awarded \$23 million in mitigation funding in FY22 from FEMA. These projects will support resilience by addressing flooding in residents homes and at the District's Wastewater Treatment Plant. It will also support building a framework for Resilience Hubs.
- In FY22 HSEMA's Resilience Bureau conducted 118 community preparedness trainings or events with District residents and stakeholders.



Abuse, Neglect and Undue Influence – *a city where older adults can expect to live free of financial exploitation, neglect and physical, sexual and emotional abuse.*

**Co-Chairs: Denise Roper and Laura Zeilinger,
Dr. Sheila Jones. stand-in**

Progress:

Age Friendly FY 21 and FY22 Participant Comparative Data

Domain Ten: Abuse, Neglect & Undue Influence

Notes:

1. Members include: DACL, DISB, DCTROV. MPD, Eldersafe, and OAG.
2. Venues include symppconference, community events, & Webinars.
3. Platforms used include Zoom, Webex, Facebook Live, and Teleconferences
4. Social media used includes Twitter & Instagram.
5. The quarter with the highest of participants in FY21 was Q.3 (4,234). In FY22, Q.4 had the highest number of participants (2,230).
6. The significant decrease shown between the two fiscal years is attributed to staffing changing and training needs.

Reporting Period by Quarter	FY 21	FY 22
Q1.	2456	1045
Q2.	2217	308
Q3.	4234	549
Q4.	2496	2230
Total	11,403	4,132



Financial Security— *A city where financial well-being of DC residents and strategies for savings are promoted throughout life.*

Co-chairs: Karima Woods, stand-in Idriys Abdullah and Susan Saunders McKenzie

Progress:

- The current economic environment indicates a need for locality specific research on the impact of Covid-19, underemployment, and unemployment on low to moderate income resident
- Locality specific research should include data on savings rates as an indicator of financial security among low to moderate income residents
- Data suggests an opportunity exists to develop strategies to address the needs of Unbanked pre-COVID DC Households: Black 13.5%, 12.2% Hispanic, 5% White (up due to the pandemic, Washington Times 3/21) 8% of DC residents (93,500) unbanked or underbanked.
- Virtual and in-[person] DISB programs to educate and provide financial protection to older residents continued with an emphasis on the use of technology. FY22 activity resulted in production of 32 consumer protection and advocacy presentations, 11 community-based information events, 3 virtual city-wide public forums, and participation in several city-wide information dissemination events .



Lifelong Learning — *A city where residents of all ages have opportunities to fill knowledge gaps, pursue interests and new career directions.*

Co-Chairs: Michelle Johnson, Romaine Thomas, Stand-in, Connie Spinner

Progress:

Implementation of Strategies 12.1.3, 12.1.4 and 12.2.1 have been ongoing.

- 12.1.3 - OSSE, UDC, Trinity University, Metropolitan College and other postsecondary education institutions in the metro area, create and disseminate information about postsecondary education options available to District residents via agency websites, mail, telephone, Career Coach DC, meetings, conferences and other events.
- 12.1.4 - OSSE funds 12 community-based organizations to offer Integrated Education & Training to District residents. Adult learners of all ages, including persons ages 50 and over, have an opportunity to enhance their basic digital literacy skills; learn about, acquire and/or use a variety of technology devices; and access/sign-up for free internet service through the Internet for All Program, sponsored by OCTO, Comcast and RCN. DCPS and DCPSCB adult serving agencies, UDC, DCPL and other government and community-based agencies also provide DC residents with opportunities to enroll in classes to enhance their computer skills, engage in online learning and social media, and learn how to access services and resources using technology.
- 12.2.1 - OSSE, DOES, DHS, DCPS, DCPCSB, UDC, DCPL, DCHA and other government agencies and providers promote awareness of adult education, workforce preparation and training opportunities, supportive and transition services for District residents via agency's websites, mail, telephone, meetings, conferences and other events so that District residents can access programs and services needed to pursue and achieve their desired career path and/or personal and professional goals.



Public Safety

— *A city where residents 50 and over feel safe no matter the time or location.*

Co-Chairs: Kevin Donahue and Dr. Lynn Addington.

Progress: The Mayor's [private security camera rebate program](#) has resulted in over 20,000 cameras placed on homes and businesses across the District, and the program is still active and offering rebates. This program also works with the **Department of Aging and Community Living** to support rebates through the **Safe at Home Program**.



Additionally, the Mayor's **Office of Neighborhood Safety and Engagement** <https://onse.dc.gov/> seeks to work with those most at risk of committing or being impacted by violent crime and working with the communities that hang in the balance of these actions. While these services are not offered directly to seniors, supporting safer neighborhoods helps everyone feel safer at home. Crime Prevention Training is offered to adults 60+..



District Robberies rose by 5% compared to 2021.
District crime data at a glance [may be viewed here](#)



Caregiving – *A city that supports unpaid residents who care for others 60 and over.*

Co-chairs: Jessica Smith and Stacy Canan

Progress:

- [Smithsonian See Me Program](#) continued to expand into all the Smithsonian museums
- [Department of Aging and Community Living](#) is providing case management for residents who want help organizing care
- [DC Paid Family Leave](#) used by over 700 DC residents in FY 2022 for caregiving. Starting in October [paid family leave benefits](#) for DC residents have been expanded, including 2 weeks paid leave to receive prenatal care.



Comments/Questions

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