



## Age-Friendly DC Task Force Meeting

AARP-DC 100 M St. SE

March 22, 2018

10:00am – 12:00pm

The Honorable DC Councilmember Anita Bonds attended.

Other persons also joined the meeting.

Role/Domain	Member	Attended	Stand In	Attended
Co-Chair	HyeSook Chung	x	Jay Melder	
Co-Chair (newly appointed)	Kim Alfonso	x	None	
Outdoor Spaces	Eric Shaw		Evelyn Kasongo	x
Outdoor Spaces	Keith Anderson		None	
Outdoor Spaces	Victoria Lanteigne	x	None	
Transportation	Jeffrey Marootian		Tyra Redus Cesar Baretta attended on behalf of DDOT	x
Transportation	Wendy Klancher	x	None	
Housing	Polly Donaldson		Terrance Laney	
Housing	Katrina Polk		None	
Social Participation	Charon Hines		Jeanne Locher	x
Social Participation	Winona Scott	x	Shannon Redd	x

# Age-Friendly DC

Respect/Inclusion	Matthew McCollough	x	Julia Wolhandler	
Respect/Inclusion	No community appointee			
Civic Participation & Employment	Mary Terrell	x	None	
Civic Participation & Employment	Ron Swanda	x	None	
Communication	Barney Krucoff		Delano Squires	
Communication	Susan Donley	x	None	
Health Services	Dr. LaQuandra Nesbitt	x	Dr, Jacqueline Watson	x
Health Services	Dr. Sandra Lawson	x	None	
Emergency Prep	DM Kevin Donahue		Christina Murphy	
Emergency Prep	Linda Mathes		Paul Carden	
Elder Abuse	Laura Green Zeilinger		Dr. Sheila Jones	
Elder Abuse	No community appointee			
Financial Security	Roger Ferguson		Kevin Moultrie	x
Financial Security	Courtney Snowden		None	
Lifelong Learning	Romaine Thomas	x	None	
Lifelong Learning	Deputy Mayor for Education			
Public Safety	Kevin Donahue			
Public Safety	No community appointee			
Caregiving	Gail Hunt	x	None	
Caregiving	Laura Newland		Christian Barrera	



Subject Matter Expert –Business Age-Friendly Businesses/ Economic Dev.	Nathan Regan	x	None	
Age-Friendly Businesses/ Economic Dev.	Brian Kenner			
Subject Matter Expert - Academic	John Cavanaugh		None	
Subject Matter Expert - Philanthropy	John Feather	x	None	

I. **Call to order** –At 10:15 am Kim Alfonso called the meeting to order with a quorum present.

II. **Introductions of those present**

III. **Age-Friendly DC 2018-2023**

- a. Mayor Muriel Bowser issued the Age-Friendly DC Establishment Order 2018-026 on February 22, 2018 (attached)
- b. Bylaws were approved unanimously. The contents of the by-laws were used as the source for Kim Alfonso’s introduction to Age-Friendly DC.(attached)

IV. **Age-Friendly DC Subject Matter Experts**

The Age-Friendly DC Task Force Executive Committee is composed on the Task Force Co-chairs, Kim Alfonso and Deputy Mayor HyeSook Chung and the Subject Matter Experts.



- a. Academic** – John Cavanaugh, President and CEO of the Consortium of Universities of the Washington Metropolitan Area, was not present, so Kim Alfonso read a statement from him, as follows:

*"The Consortium of Universities of the Washington Metropolitan Area brings broad expertise, experience, and partnerships to the Age-Friendly DC Task Force. Most important, we desire to link our research capacity to the Task Force goals in order to ensure that the Task Force has the most current knowledge regarding aging-related issues as well as the opportunity to test programs and policies for effectiveness to identify local best practices."*

- b. Philanthropy** John Feather, President and CEO of Grantmakers in Aging, noted that:

*"Grantmakers in Aging is the national association of grant giving foundations and corporate philanthropy that is focused on aging. We have been directly involved in helping create and sustain age friendly communities in seven regions of the country. We are particularly excited to be part of the program in Washington DC to help bring philanthropy into the effort. This is an important part of sustaining the program over time."*

- c. Business** Nathan Regan, President of Infin-iti North America, said:

*"Let's work together to identify businesses in DC that carry out Age-Friendly Business best practices and, as a result, change attitudes about growing older."*

The Age-Friendly Business initiative wants to identify 100 Age-Friendly Businesses in 2018. Members were enthusiastic and added:

- Age-Friendly Businesses are good for all including children in strollers and persons living with disabilities.
- There is potential value, through added business, from becoming an Age-Friendly Business, as the business receives additional promotion from becoming designated.
- Task Force members are associated with businesses that should apply, including yoga studios, internet companies (Infin-iti, for example), and many others that benefit persons of all ages by demonstrating Age-Friendly Best Practices.
- Businesses coming to DC should be made aware of Age-Friendly Business Best Practices.



- Funds can be available to small businesses to improve accessibility.
- CM Bonds noted that paper lists of Age-Friendly Businesses, as well as web-based listings, should be highlighted by DC agencies and organizations that engage 50+ year old participants.
- Age-Friendly Business applications with best practices are attached.

Task Force discussion generalized into the importance of getting the word out about Age-Friendly DC and its aims with the following noted as examples:

- Billboards and signs
- Word of mouth
- Beauty shops, barber shops, nail salons, faith-based communities, grocery stores home-delivered flyers, banks, and pharmacies were noted as ways to reach 50+ year old residents.

## **V. New Business**

### **The Role of Domain-specific Task Force Committees**

The work of the Task Force is developed by domain-specific task force committees more than half of which will have met by the end of March. Task force committees are composed of members of community organizations, interested persons, or representatives of the 55 agencies already working on Age-Friendly DC. Each domain task force committee has two assignments to complete by August 2<sup>nd</sup>.

1. Identify how DC agency Key Performance Indicators (KPIs) and Performance Objectives (POs) relate/promote age-friendliness. Add, if necessary, age-friendly-aimed language that DC agencies can adopt. See current agency KPIs and POs, attached. See domain aims for guidance.
2. Highlight and/or initiate community projects that are expected to transform DC into an easier city in which to grow older.

Each domain committee is going to meet in each quadrant of the city in public libraries. The public will be invited to observe and comment. Attracting participation will necessitate promotion.



A template for structuring Task Force Committee meetings will be provided to help the Task Force to structure the resulting task force committee recommendations into the 2018-2023 strategic plan.

Domain committees must select methods of measuring progress.

How to define success? Deputy Mayor Chung pointed out that Age-Friendly DC outcomes, including the impact on residents, are going to be hard to measure. Task force committees should keep that in mind as assignments are carried out because the metrics chosen will be used to evaluate progress in 2023.

Host and AARP-DC director, Louis Davis, noted that there are 210 Age-Friendly City aspirants across the country, some of which may offer good examples for measuring progress.

**Highlights from the Mayor's FY19 Budget, related to residents living with disabilities and 60+ year old residents.** See Deputy Mayor Chung's notes, attached.

Regarding housing initiatives in the Mayor's FY19 Budget, CM Bonds was pleased with the amount proposed to be allocated to affordable housing for 60+ year old residents and young families. She hopes that the private sector will become more involved to address DC's need for affordable housing.

Finding accessible row housing to age in place was noted as challenging. Other jurisdictions (GA and AZ) have regulated the new construction to increase accessible housing. Realtors in DC are receiving training to more consistently note housing units placed in the market that are accessible.

### **Other Issues Discussed**

The importance of addressing mental and behavioral health issues among 60+ year old residents was highlighted. DC is leading the nation with focus on mental health among youth...who will grow older and may still be DC residents when they are 60 and over.



Addressing the issues of older adults is a city focus (for example, Mayor's Office on Community Relations and Services).

Techno-literacy is important. AARP—DC's Mentor Up Program brings high school students together with older adults.

## VI. **Old Business**

Public comments were requested.

Next Age-Friendly DC Task Force meeting? June 7<sup>th</sup> 10-12 at the John A. Wilson Building.

**VII. Adjournment** – At noon Ms. Alfonso asked for and received a motion to adjourn.