# Age-Friendly DC Task Force Meeting

George Washington University, Marvin Center, 800 21st St. NW

Room 407

## September 15, 2016

## 10:00am - 12:00pm

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Role/Domain** | **Member** | **Attended** | **Stand In** | **Attended** |
| Co-Chair | Brenda Donald | x | Rachel Joseph |  |
| Co-Chair | Steven Knapp | x | Renee McPhatter | x |
| Outdoor Spaces | Eric Shaw |  | Andrea Limauro | x |
| Outdoor Spaces | Kathy Sykes |  | None |  |
| Transportation | Leif Dormsjo |  | Tyra Redus | x |
| Transportation | Christian Kent |  | Christiaan Blake |  |
| Housing | Polly Donaldson |  | Jose Nunez | x |
| Housing | Deborah Royster | x |  |  |
| Social Participation | Charon Hines |  | Charlotte Flournoy | x |
| Social Participation | Ron Swanda | x | Ivan Lanier | x |
| Respect/Inclusion\* | Alexis Taylor |  | Jessica Hunt |  |
| Respect/Inclusion | Mario Acosta-Velez |  | None |  |
| Employment | Deborah Carroll |  | Mary Terrell | x |
| Employment | Romaine Thomas |  | Buddy Moore | x |
| Communication | Archana Vemulapalli |  | Mike Rupert | x |
| Communication | Stuart Rosenthal | x | None |  |
| Health Services | Laura Newland |  | Brian Footer | x |
| Health Services | Saul Levin |  | Sejal Patel | x |
| Emergency Prep | DM Kevin Donahue |  | Christina Murphy |  |
| Emergency Prep | Linda Mathes |  | Paul Carden |  |
| Elder Abuse | Laura Green Zeilinger |  | Dr. Sheila Jones | x |
| Elder Abuse | Kathleen Quinn | x | None |  |
|  |  |  |  |  |
| Economic Dev. | Brian Kenner |  | Lavar Youmans |  |
| Education | Jennifer Niles |  | Aaron Parrott |  |
| Community Dev. | DM Courtney Snowden |  | None |  |

1. **Call to order -** !0:05am
2. **AARP Gift to Age-Friendly DC Task Force Members and Stand-ins**

Each Age-Friendly DC Task Force member and stand-in received a copy of AARP CEO Jo Ann Jenkins book, *Disrupt Aging.* The book describes the importance of changing attitudes and behaviors related to growing older. Reading the book and follow up action to report at the November 17, 2016 Task Force meeting. See Calendar Update, page 9.

1. **Approval of the May 5th minutes –** Accepted as is.

All agreed with Deputy Mayor Donaldthat meeting notes should be distributed within one week after meeting. Meeting participants were asked to recommend any changes over email. Notes will be considered approved one-week after distribution with no comments or with comments from members and/or stand-ins incorporated.

1. **New Business**
2. **Swearing In by Director Steve Walker, Mayor’s Office of Talent and Appointments – Deborah Royster, CEO, Seabury Resources for Aging**

Alan Karnofsky from the Mayor’s Office of Talents and Appointments swore in Deborah Royster.

1. **Task Force Committee Updates and Discussion**
2. Each domain Task Force co-chair delivered a report. See the slide presentation at <http://agefriendly.dc.gov/page/age-friendly-dc-task-force>.

The notes below do not include any information presented on the slides. You will need to have the slides open on your computer or printed as you are reading the notes. The notes describe additional information and observations as discussed in the meeting.

**Domain 1 Outdoor Spaces and Buildings**

Office of Planning’s Andrea Limauro presented the slide.

* Intergenerational gardens are underway. Shared use of school veggie gardens with students caring for plants during the school year and 50+ year olds in the summer. Need to continue to publicize.
* 14th and U Arts and Humanities mural featured on the side of a building for 60+ year old residents.
* DPR has increased restrooms in parks and centers, benches with backs
* Removal of impervious surfaces, replacing with pervious (porous) surfaces.

**Domain 2 Transportation**

Department of Transportation’s Tyra Redus presented the slide.

* 95% DDOT’s staff inventory of barriers to walkability is complete and DDOT is now partnering with University of Maryland’s Project Sidewalk, which uses resident observations to identify walkability issues.
* $10 million has been requested (exact amount available has yet to be determined) in FY17 to make repairs, once prioritizing is completed from most needed to least critical.

**Domain 3 Housing**

Department of Housing and Community Development Jose Nunez presented the slide.

* Age-segregated projects have also opened in 2016, ex. On Rhode Island Avenue, Visionary Square has opened with 47 units for low income residents 60+ years and ex. 1545 Girard St NE 25 units for low income 60+ year old residents.
* Shared housing was discussed with zoning issues noted and ways to work with pairing individuals who are interested

**Domain 4 Social Participation**

Mayor’s Office of Community Affairs Charlotte Flournoy presented the slide.

* Consortium of Universities for the Washington Metropolitan Area has created a lifelong learning resource website. Payment and registration information as well as courses offered by 16 universities are provided. Updates and promotion about this resource are expected to be managed by each participating university. Gerontologist John Cavanaugh, President and CEO of the Consortium, described the program. Go to [www.consortium.org](http://www.consortium.org).

**Domain 5 Respect and Social Inclusion**

Department of Disability Services’ Tonja McCoy presented the slide.

* DPR and DCPL are broadening programs to attract 60+ year old residents.
* DCHR with DMHHS intend to address the transformation of attitudes using humor to change the views of DC employees about 60+ year old residents and colleagues.
* AARP-DC’s Ivan Lanier reported that over 100 restaurants were nominated to be designated Age-Friendly Businesses during the Citi Open 2016 (tennis tournament). Noise levels and small type on menus are especially applicable from Age-Friendly Business best practices, as these candidates reviewed by the Age-Friendly Business Review Committee.

**Domain 6 Civic Participation and Employment**

Department of Employment Services’ Mary Terrell presented the slide.

* Alternative Pathways Employment Program (APEP) is underway with 33 participants who have been motivated and educated for workforce participation; “Graduation” on September 20th.

**Domain 7 Communication and Information**

Office of the Chief Technology Officer’s Mike Rupert presented the slide.

* Presented a document reviewed by the Task Force Committee intended to guide agencies and organizations with their written communications to be more effective for all, including 50+ year old residents and government employees. You will find this document at <http://agefriendly.dc.gov/page/dcs-progress>.
* More information is desired on the communication preferences of 50+ year olds, ex. US mail, word-of-mouth, newspapers, online, segmented by age categories, those with and without tech skills or computers.
* Project Reboot opened an office in DC and provides refurbished computers at low or no cost.
* Multigenerational interactions for teaching tech skills is a focus on OCTO.
* Words of Wisdom, the telephone outreach project funded by AARP Foundation and administered by George Washington University needs more participants. Some want weekly instead of every two weeks. Contact: Dr. Beverly Lunsford, [blunsfor@gwu.edu](mailto:blunsfor@gwu.edu). Should some calls be intergenerational? Seabury Resources offered to promote. Others also offered to help.
* Byteback has over 60 older adults complete computer training in 2016.
* It was observed that 60+ year old residents may be tech fearful and need more support to adopt smart phones and computers.
* AARP’s Mentor Up is a good example of an intergenerational teaching program.

**Domain 8 Community Support and Health Services**

DC Office on Aging’s Brian Footer presented the slide.

* George Washington University is undertaking a needs assessment of DC residents 60 and more years old and adults of any age with disabilities of DC residents for DCOA, addressing the programs and services offered by all DC agencies to these residents. The aim of the study is to extend the time adults can remain safely in their homes. GW’s Beverly Lunsford said the study, which includes opinions of active and frail residents and caregivers from every ward, will be completed by October 1, 2016.
* Beverly Lunsford again reinforced the importance of identifying DC residents to participate in Words of Wisdom. See Domain 7, above.
* Beverly Lunsford highlighted another ongoing intergenerational study by GW students studying sociology with Drs. Emily Morrison and Wendy Wagner, regarding 60+ year old feelings of wellbeing and feelings of inclusion in neighborhoods. Participants are being recruited for the fall 2016 class to interview. Those who were offering to help should email [emily\_m@gwu.edu](mailto:emily_m@gwu.edu) and [wagnerw@gwu.edu](mailto:wagnerw@gwu.edu). Results will be useful to Age-Friendly DC and the city.

**Domain 9 Emergency Preparedness and Resilience, a DC focus**

In the absence of Task Force leaders and co-chairs focused on this domain, Age-Friendly DC Project Manager, Nick Kushner presented the slide.

* DC has been named by the Rockefeller Foundation among the Resilient 100. Jurisdictions around the world including DC are receiving funds to hire a chief resilience officer to coordinate international, federal, regional and city actions to enable communities and those who live there, regardless of income and health status, to address and recover from threats, such as cyberhacking, weather disturbances, terrorists, etc.

**Domain 10 Elder Abuse, Neglect and Fraud, a DC focus**

Department of Human Services’ Dr. Sheila Jones presented the slide with comments from Task Force member Kathleen Quinn.

* A study of under-reported abuse, neglect and fraud was completed in Utah and replicated in New York State. These studies found that under-reporting is substantial in NY State, 1 in 44 financial cases were reported, while only 1 in 24 cases of abuse was reported and 1 in 57 cases of neglect were reported. It is estimated that 5 million abuse cases occur in the US every year. While the Age-Friendly DC strategy is to replicate the under-reporting study, discussion about putting aside the study just to find out how many under-reported cases DC has seems unnecessary. Instead Age-Friendly DC’s strategy on publicizing the importance of reporting incidents was emphasized.
* Senior$afe is a program for bank employees to learn to alert customers or their responsible party if there are changes in spending/withdrawing behavior.
* 409 DC residents participated in one of 23 presentations of FDIC Money Smart training offered by the Office of the Attorney General in partnership with Department of Insurance, Securities and Banking with Adult Protective Services and DC Office on Aging.

1. **Age-Friendly DC Presentation: Timeline thru December 2017 and Discussion**

In 2017 Age-Friendly DC will continue to implement the 2014-2017 Age-Friendly DC Strategic Plan, evaluating age-friendly changes that have happened while we listen for inputs to shape the 2017-2022 plan. To qualitatively support this effort, AARP-DC has been asked to apply for survey assistance from the AARP Policy Institute. This will enable Age-Friendly DC to repeat the AARP Policy Institute 2013 study, but with a larger group of scientifically selected DC residents.

1. **Old Business**

Jose Nunez described the status of the Department of Housing and Community Development housing needs assessment, which will examine housing preferences of 40+ year old DC residents and needed associated services. The study is expected to reveal where additional housing is needed in DC.

1. **Upcoming age-friendly events/announcements** (11:40-11:45)
   1. Office of the Tenant Advocate Annual Tenant and Tenant Association Summit is 9am –4 pm Saturday, September 24th. Register at [www.eventbrite.com/e/office-of-the-tenant-advocates-9th-annual-tenanttenant-association-summit-tickets-26565056800?aff=utm\_source%3Deb\_email%26utm\_medium%3Demail%26utm\_campaign%3Dnew\_event\_email&utm\_term=eventurl\_text](http://www.eventbrite.com/e/office-of-the-tenant-advocates-9th-annual-tenanttenant-association-summit-tickets-26565056800?aff=utm_source%3Deb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text)
   2. Department on Disability Services Community Resource Fair at [Carnegie Library at Mt. Vernon Square](http://www.eventsdc.com/venues/carnegielibrary.aspx) 801 K Street, NW from 10:00am to 6:00pm; semi-annual fair will be on Thursday, October 20, 2016.
   3. George Washington University pop-up nutrition event, October 22, 11-1 pm at Deanwood Recreation Center; flyer to follow.
2. **Public comment period**

President Knapp described a conference he attended, where websites for care givers (Care.com) and home maintenance (Handy.com) assistance were discussed.

**Calendar update**

11/17/2016 from 10:00 AM- Noon. JAWB, TBA (*or elsewhere*)

Assignment: Read the book, Jo Ann Jenkins, *Disrupt Aging* and comment on how your agency or organization perceives the value of growing older and treats older colleagues and customers.

2/9/2017 from 10:00 AM – Noon, GWU TBA

6/15/2017 from 10:00 AM- Noon , JAWB, TBA (*or elsewhere*)

9/21/2017 from 10:00 AM- Noon, GWU, TBA

1. **Adjournment –**The meeting was adjourned at 12 noon